



PERSONAL INFORMATION

Name **GIRAUDO Donatella**

Address

Telephone

Mobile

E-mail **giraudodonatella@hsr.it**

Nationality ITALIAN

Date of birth 12/02/1962

WORK EXPERIENCE

• Dates 2007 - to date

• Name and address of employer **SAN RAFFAELE VILLE TURRO HOSPITAL**
20, Via Stamira d'Ancona 20127 Milan, Italy
tel. + 39 02 26431

Humanitas San Pio X
31, Via F. Nava 20159 Milano
tel. + 39 02 6951.7000

Studio Medico Discipline Urologiche Andrologiche Milanesi
DUAM
Via Fontana, 2, 20122 Milano MI
tel. + 39 02 7631 6689

• Type of business or sector Consultant private practice physical therapist

• Occupation or position held **Head Physical Therapist**

- Main activities and responsibilities
Prevention, rehabilitation and treatment, movement science, project planning, research methods, and administration in **Post-prostatectomy Urinary Incontinence** (Pelvic Floor Muscles Training, B.F.B., F.E.S., global postural reeducation), **Chronic Pelvic Pain** (Pelvic Floor Muscles Training, B.F.B., F.E.S., global postural reeducation, manual and Trigger Points therapy), **Pelvic Floor Rehabilitation for Neurological Diseases** (Functional Electrical Stimulation, S.A.N.S., behavioural rehabilitation, manual therapy), **Urge, Mixed and Stress Urinary Incontinence** in women (Pelvic Floor Muscles Training, B.F.B., F.E.S., global postural reeducation), **Anal and Fecal Incontinence** (Pelvic Floor Muscles Training, B.F.B., F.E.S.), **Constipation** (Pelvic Floor Muscles Training, B.F.B., behavioural therapy, global postural reeducation) and **Pelvic floor Disorders associated with Pregnancy and Childbirth** (Pelvic Floor Muscles Training, B.F.B., F.E.S., global postural reeducation).
- Dates
1985 - 2006
- Name and address of employer
Azienda Sanitaria Locale ASL 15
12, Via Carlo Boggio 12100 Cuneo, Italy
- Type of business or sector
Public Hospital
- Occupation or position held
Physical Therapist
- Main activities and responsibilities
Prevention, rehabilitation and treatment in **Pelvic Floor Dysfunctions, Severe Post-traumatic Brain Injury Disease, Postural disorders and Breast Cancer Surgery.**

EDUCATION AND TRAINING

- Dates
1975 - 1980
- Name and type of organisation providing education and training
Secondary School "E. De Amicis", Cuneo, Italy.
- Title of qualification awarded
High School Degree.
- Dates
1980 - 1983
- Name and type of organisation providing education and training
Regional Physiotherapy School of Piemonte.
- Title of qualification awarded
Physiotherapy Degree.
Thesis subject: Rehabilitation following Traumatic Brachial Plexopathy

- Dates 24 November 2004
- Name and type of organisation providing education and training **University of Chieti, Italy**
- Title of qualification awarded Bachelor's Degree in Physiotherapy.
Thesis subject: Respiratory diaphragm and perineal diaphragm in the rehabilitative treatment of female stress urinary incontinence.

EXTRA-CURRICULAR FORMATION

- Dates 1997 - 1999
- Name and type of organisation providing education and training **E.D.L.I. Physiotherapy School, Turin, Italy.**
- Title of qualification awarded Leduc Medical Lymphatic Drainage III Master Degree (trainer Prof. Albert Leduc)
- Dates November 2002
- Name and type of organisation providing education and training **Physical Therapists Italian Association (A.I.T.R.), Bologna, Italy.**
- Title of qualification awarded Global Postural Reeducation Master Degree (trainer Prof. Philippe-Emanuel Souchart)

MOTHER TONGUE **ITALIAN**

OTHER LANGUAGES FRENCH

- Reading skills Excellent
- Writing skills Excellent
- Verbal skills Excellent

ENGLISH

- Reading skills Good
- Writing skills Basic
- Verbal skills Basic

RESEARCH INTERESTS	Broad thematic and methodological experiences within clinical research about pelvic floor diseases/disorders and rehabilitation, including quantitative studies in working physiology, questionnaire surveys, effect studies, as well as qualitative interviews. Produced several articles, reports and book chapters mainly addressing physical function, disability and recovery in male and female urinary incontinence and chronic pelvic pain.
PROFESSIONAL MEMBERSHIPS	American Physical Therapists Association (A.P.T.A.) International Continence Society (I.C.S.) Italian Society of Urodynamics and Pelvic Floor (S.I.U.D.) International Children's Continence Society (ICCS) Italian Society of Physiotherapy (S.I.F.) Mediterranean incontinence and Pelvic floor society (MIPS).
TEACHING EXPERIENCES	<ul style="list-style-type: none"> • "Pelvic floor Pathology" (Corso Integrato di Patologia d'Apparato, dell'età avanzata e dell'età evolutiva), "Vita e Salute" University, San Raffaele Hospital (Milan, Italy), School of Medicine, Physiotherapy Degree: 2008-2009. • "Pelvic Floor Disfunctions: Assessment and Rehabilitation" (Corso Integrato di Urologia Sessuale e Ginecologica), Amedeo Avogadro University of Eastern Piedmont (Novara, Italy), School of Medicine, Physiotherapy Degree: 2010-2011. • "Pelvic Floor Functional Evaluation" (Corso Integrato di Patologia d'Apparato, dell'età avanzata e dell'età evolutiva), "Vita e Salute" University, San Raffaele Hospital (Milan, Italy), School of Medicine, Physiotherapy Degree: 2009-2010, 2010-2011, 2011-2012, 2012-2013, 2013-2014, 2014-2015, 2015-2016, 2016-2017, 2017-2018, 2018-2019, 2019-2020 and 2020-2021. • She is a certified APOR practitioner for Italy ("Approche posturo – respiratoire de dr. B. De Gasquet) with a focus on prenatal, birth and postpartum. • She is a certified Life Training practitioner on "Erectile Dysfunction" License 12351-150641-86803.

SOCIAL SKILLS
AND COMPETENCES

- Well developed communication skills and the ability to establish positive relationships with patients, medical professionals and staff at all levels
- Demonstrated leadership skills, as well as the ability to contribute effectively to a team environment or work independently as required
- Attention to detail, particularly where it affects patient care, quality service or safety
- Quick to adapt to change and highly responsive to a new challenge or opportunities to continue learning and developing
- Flexible and positive approach
- Excellent ability of communication and teamwork

ORGANISATIONAL SKILLS
AND COMPETENCES .

- Excellent clinical reasoning skills
Superior
- Organisation and time management skills with the ability to set short and long term goals
- Good understanding of marketing concepts and comfortable in promoting services.

TECHNICAL SKILLS
AND COMPETENCES .

- Excellent knowledge of Microsoft Windows (XP, Vista) and Apple Systems (Mac OS IOS X "Big Sur").
- Excellent ability in navigation through the Internet.
- Highly skilled in use of Power Point and Word (Microsoft Office for Mac).

DRIVING LICENCE

B

ADDITIONAL INFORMATION

During the last five years 41 national and international scientific papers. Supervised students to Bachelor's Degree (Physiotherapy Degree, Vita-Salute University San Raffaele Hospital, Milan, Italy).

AUTHORSHIPS

"Incontinenza Urinaria Femminile: manuale per la riabilitazione. Ed. Edi Ermes, 2007, Milano. ISBN 978-88-7051-303-5.

"Approccio clinico e riabilitativo all'incontinenza urinaria non neurogena", in: "Trattato di Medicina Fisica e Riabilitazione", Ed. U.T.E.T., Torino, 2008. ISBN 978-88-02-07896-0.

"Approccio clinico e riabilitativo alle disfunzioni colon-proctologiche", in: "Trattato di Medicina Fisica e Riabilitazione", Ed. U.T.E.T., Torino, 2008. ISBN 978-88-02-07896-0.

"L'esercizio pelvi-perineale", in: "L'esercizio in Medicina Riabilitativa", Ed. Piccin Nuova Libreria S.p.A., Padova, 2009. ISBN 978-88-299-1976-5.

"La valutazione ed il trattamento posturale", in: "La Riabilitazione del Pavimento Pelvico", Ed. Elsevier - Masson, Milano, 2009. ISBN 978-88-214-3089-3.

"Il trattamento Riabilitativo delle disfunzioni del pavimento pelvico" in: "Trattato di Medicina Riabilitativa, Medicina Fisica e Riabilitazione", Ed. Idelson – Gnocchi, Napoli, 2009. ISBN 978-88-7947-491.7.

"Incontinence" (Translation for Italian Edition) (Abrams P, Cardozo L, Khouri S, Wein A. eds.), EDIERMES, Milano, 2008. ISBN 978-88-7051-307-3.

"Incontinenza Urinaria Maschile". Ed. Edi Ermes, 2015, Milano. ISBN 978-88-7051-456-8.

"Locked-in Syndrome", EDIERMES, Milano, 2017. ISBN. 978-88-7051-608-1.

Co-editor "Suprapontine lesions and Pelvic Dysfunctions", Springer Heidelberg, 2019. ISBN in press.

"Pelvic physical therapy and rehabilitation" in: Biroli A, Giammò A. Chronic Pelvic Pain and Pelvic Dysfunctions, Springer, in press.

Co-editor "Suprapontine lesions and Pelvic Dysfunctions", Springer Heidelberg, 2019. ISBN 978-3-030-29774-9.

"Incontinenza Urinaria Femminile: manuale per la riabilitazione. II Ed." Edi Ermes, 2007, Milano. ISBN 978-88-7051-755-2.

INVITED TALKS AT NATIONAL AND INTERNATIONAL CONGRESSES AND COURSES

See list of Congresses.

PUBLICATIONS

See publications list.

ANNEXES

- A - Publications list.
- B - List of Congresses (as Invited Talks)

Pursuant to Article 13, Act 675/96 (Privacy Law), I hereby agree to the handling of my personal data.
Giraudò Donatella.

A - PUBLICATIONS LIST

B - INVITED LECTURER AND CHAIRMAN